

FLEX GYM BENCH PRESS RESULTS
APRIL 9, 2011

WOMEN'S OPEN 148#

1ST PLACE KATHLEEN HOFF 135#
2ND PLACE AMY ACKERMAN 115#

WOMEN'S OPEN 198#

1ST PLACE DONNA FRANKLIN 150#

MASTER'S WOMEN 40-49 198#

1ST PLACE DONNA FRANKLIN 150#
2ND PLACE JO ANN HARRELL 85#

MASTER'S WOMEN 40-49 198#+

1ST PLACE JOYCE RIDDICK 115#
2ND PLACE KARLA SEALS 105#

MASTER'S WOMEN 60+ 198#

1ST PLACE SANDRA SULLIVAN 85#

TEENAGE MEN 148#

1ST PLACE ROD HUGHSON 255# NEW MEET RECORD

TEENAGE MEN 181#

1ST PLACE ALEX TSETSILAS 260#

MEN'S OPEN 148#

1ST PLACE ROD HUGHSON 255#

MEN'S OPEN 165#

1ST PLACE ZACH WILLHIDE 290#
2ND PLACE REGGIE HARVEY 275#

MEN'S OPEN 181#

1ST PLACE HARRISON DUNN 335#
2ND PLACE JAY HUTSON 305#
3RD PLACE JIMMY SIEKBERT 260#
4TH PLACE JOSH CARR 215#

MEN'S OPEN 198#

1ST PLACE ERIC TYSON 370#
2ND PLACE GLENN LEAKS 340#

MEN'S OPEN 220#

1ST PLACE BENNETT SWAIN 420#
2ND PLACE DANIEL QUARLES 405#
3RD PLACE KEVIN SNOWDEN 375#

MEN'S OPEN 242#

1ST PLACE MIKE TYSON 420#
2ND PLACE JUSTIN REAHARD 325#

MEN'S OPEN 275#

1ST PLACE LEROY HOSKINS 380#
2ND PLACE ZACH SMITH 375#

MEN'S OPEN SHW

1ST PLACE WILLIE SHOWELL 435#

MEN'S MASTERS 165# 40-49

1ST PLACE REGGIE HARVEY 275#

MEN'S MASTERS 165# 60+

1ST PLACE RED HART 240#

MEN'S MASTERS 181# 40-49

1ST PLACE JAY HUTSON 305#

MEN'S MASTERS 198# 40-49

1ST PLACE ERIC TYSON 370#
2ND PLACE GLENN LEAKS 340#

MEN'S MASTERS 220# 40-49

1ST PLACE BENNETT SWAIN 420#

MEN'S MASTERS 242# 40-49

1ST PLACE MIKE TYSON 420#

MEN'S MASTERS 242# 50-59

1ST PLACE GLEN SEALS 230#

MEN'S MASTERS 275# 40-49

1ST PLACE LEROY HOSKINS 380#

BEST LIFTER AWARDS - BENCH

EACH "BEST LIFTER" RECEIVED \$25.00 GIFT CERTIFICATES TO

DISCOUNT SUPPLEMENTS DIRECT

TEENAGE	RODNEY HUGHSON	255#
WOMEN'S MASTERS	DONNA FRANKLIN	150#
WOMEN'S OPEN	KATHLEEN HOFF	135#
MEN'S MASTERS	BENNETT SWAIN	420#
MEN'S OPEN LIGHTWEIGHT	HARRISON DUNN	335#
MEN'S OPEN HEAVYWEIGHT	BENNETT SWAIN	420#

\$50.00 AMERICAN EXPRESS GIFT CARDS WERE GIVEN TO THE BIGGEST OVERALL BENCHERS.
THE RECIPIENTS WERE:

BIGGEST MEN'S BENCH OF THE DAY WILLIE SHOWELL 435#

BIGGEST WOMEN'S BENCH OF THE DAY DONNA FRANKLIN 150#

RED DENOTES FLEX GYM LIFTERS.

THANKS TO EVERYONE WHO SUPPORTED OUR MEET BY LIFTING, JUDGING, LOADING WEIGHTS, "SPECTATING", ANNOUNCING, SPONSORING, COMPILING THE RESULTS, SETTING UP THE EQUIPMENT, TEARING DOWN THE EQUIPMENT - YOU GET THE PICTURE.

WE WOULDN'T HAVE THESE MEETS WITHOUT THE ABOVE PEOPLE. THANKS TO ALL OF YOU FROM BONNIE, AL AND BILL!!